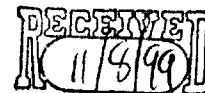


October 19, 1999

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St., S.W.
Washington, DC 20204



RE: Dietary Supplement Statement of Support Notification

To: Whom It May Concern:

Nutritional Specialties, Inc., 1452 E. Katella Ave. Anaheim, CA 92805, the distributor of the following dietary supplement products, intends to make the following statement of support: "5-Hydroxy Tryptophan can possibly enhance the synthesis of serotonin."

This claim is being made for 5-Hydroxy Tryptophan.

Which is contained in LifeTime® 5-Hydroxy Tryptophan 100 mg Capsules.

This submission is being made in compliance with the requirements of 21 CFR 101.93.

The undersigned is an authorized representative of Nutritional Specialties, Inc. and certifies that the information contained in this notice is complete and accurate, and that Nutritional Specialties, Inc. has substantiation that the above statement is truthful and not misleading.

Harry G. Shippy
Signature
HARRY AUGUST SHIPPY
Full Name
Pres.
Title

NUTRITIONAL SPECIALTIES, INC.
1452 E. Katella Ave. • Anaheim, CA 92805
1-800-333-6168 • 714-634-9340
FAX: 714-634-9347

97S-0162

68003
LET 4616